

# Sexuality and Social Work Conference 2016

## The Use of Meta-Communicative Communication Tools by Romantic Partners in Interpersonal Relations: Sample of Students from the University of Anatolia Faculty of Communication

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The purpose of the study is to examine the use of meta-communicative communication tools of romantic partners in interpersonal relations and to analyze the functionality of these actors. The study based on an investigation regarding the use of meta-communicative communication tools of romantic partners in interpersonal relations is an inter-disciplinary research aiming at theoretically and practically integrating new approaches to interpersonal communication with family sociology and psychology.

A happy and competent relationship above all requires a healthy and sufficient communication and the satisfaction partners get out of it. One of the most significant points in maximizing the quality and harmony in a marriage is the understanding partners have on the types and level of communication satisfying both of them (Şener ve Terzioğlu, 2008). Another objective of meta-communicative communication, being one of the most determining factors of communication, is to let partners be responsible for their relations and thusly enhance the quality of the union. Information on this specific type of communication aiming at supporting people willing to have happy relations might be useful in all other domains of life.

Within the light of following evidences, we might say that there is a positive correlation between the use of meta-communicative communication tools of partners in their relations and their romantic satisfaction.

### **Keywords:**

Communication, types of communication, communication skills, interpersonal communication, communications between partners, problem-solving skills, meta-communicative communication